



2600 SW Barton Street  
Westwood Village Suite A24  
Seattle WA 98126  
Phone: 206-453-5397  
Fax: 206-453-5630  
WestSeattleWellness.com

Confidential Health Intake Form

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Ph: \_\_\_\_\_ Home Ph: \_\_\_\_\_ Cell/Other \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Cell/Other \_\_\_\_\_

Email address: \_\_\_\_\_ May we contact you via email? (*please circle one*) Yes No

How did you hear about us? \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_

**If we are billing your insurance – please complete the following Insurance Information:**

Referring Physician: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

Was Injury a result of an accident? \_\_\_\_\_ If yes: Job related \_\_\_\_\_ Auto \_\_\_\_\_ Other \_\_\_\_\_

Date of Injury or onset: \_\_\_\_\_

Insurance Company Name: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Contact person/ case manager \_\_\_\_\_

Name of Insured: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Group/Claim Number/ID number: \_\_\_\_\_

Attorney (*if applicable*) Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_

\* I hereby authorize the release of my medical records and personal information to all insurance companies named above for the express purpose of payment for my medical bills incurred in this office, for the current incident above. I hereby authorize West Seattle Wellness, and any affiliate billing agent, to release any personal and health information necessary to my insurance and to process claims on my behalf. Under State and/or Federal guidelines, certain diagnoses and treatment may not be released without specific authorization. I understand that West Seattle Wellness will not release information concerning drug/alcohol abuse or treatment, psychiatric treatment, or HIV testing and or treatment without prior written consent. I hereby authorize the above named insurance company or attorney to remit payment directly to this office on my behalf.

\* I am responsible for all charges for all services provided. In the event that the insurance company denies benefits or makes a partial payment, I am responsible for any balance due. This may not apply to insurance companies that I am under contract with.

\* I understand the benefits and risks of massage and give my consent for massage. I will consult my practitioner with any questions or concerns immediately.

\* I have stated all medical conditions that I am aware of and will keep my practitioner informed of any changes.

**\* I agree to provide 24-hour cancellation notice. If I fail to do so, I agree to pay the full appointment fee. (Please note that insurance companies do not pay this, you do.)**

Signature \_\_\_\_\_ Date \_\_\_\_\_

Medical History and Information

Check any or all that apply to your present health:

- headaches
- vision problems
- sinus problems
- jaw pain/teeth grinding
- fatigue
- depression
- sleep difficulties
- Women only:  Pregnant
- Men only:  Prostrate problems
- chronic pain
- muscle or joint pain
- numbness/tingling
- sprains/strains
- scoliosis
- arthritis
- tendonitis
- Painful menstruation
- varicose veins
- blood clots
- high/low blood pressure
- diabetes
- cancer/tumors
- infectious disease
- skin problems
- endometriosis

For treatment purposes, please check ALL areas that you give your permission to be undraped:

- back
- glutes/hips
- legs
- arms
- abdomen
- chest

List all medications/herbs/vitamins and dosage: \_\_\_\_\_  
\_\_\_\_\_

List physical activities you participate in regularly \_\_\_\_\_

What movements or activities are limited? \_\_\_\_\_

Describe the events of the injury or accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List previous major injuries/surgeries: \_\_\_\_\_  
\_\_\_\_\_

What other treatments are you receiving and by whom (acupuncture, physical therapy, chiropractic, naturopathic):  
\_\_\_\_\_  
\_\_\_\_\_

What seems to help the most? \_\_\_\_\_

What seems to aggravate the condition the most? \_\_\_\_\_

What is your main activity at work? On phone \_\_\_\_\_ Sitting \_\_\_\_\_ Computer work \_\_\_\_\_  
Driving car \_\_\_\_\_ Walking \_\_\_\_\_ Other \_\_\_\_\_

What do you do to relieve stress? \_\_\_\_\_

What do you want to get out of you session (s)? \_\_\_\_\_

Practitioner Comments \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_