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WestSeattleWellness.com

Confidential Health Intake Form

Name _____ Date of Birth _____

Street Address _____ City _____ State _____ Zip _____

Work Ph: _____ Home Ph: _____ Cell/Other _____

Emergency Contact Name: _____ Cell/Other _____

Email address for appt. confirmations: _____

Email address for billing purposes (must be valid): _____

How did you hear about us? _____

Employer _____ Occupation _____

If we are billing your insurance – please complete the following Insurance Information:

Referring Physician: _____ Primary Care Physician: _____

Was Injury a result of an accident? _____ If yes: Job related _____ Auto _____ Other _____

Date of Injury or onset: _____

Insurance Company Name: _____

Billing Address: _____

Phone Number: _____

Contact person/ case manager _____

Name of Insured: _____

Address: _____

Phone: _____

Group/Claim Number/ID number: _____

Attorney (if applicable): Name: _____

Address: _____

Phone number: _____

* I hereby authorize the release of my medical records and personal information to all insurance companies named above for the express purpose of payment for my medical bills incurred in this office, for the current incident above. I hereby authorize West Seattle Wellness, and any affiliate billing agent, to release any personal and health information necessary to my insurance and to process claims on my behalf. Under State and/or Federal guidelines, certain diagnoses and treatment may not be released without specific authorization. I understand that West Seattle Wellness will not release information concerning drug/alcohol abuse or treatment, psychiatric treatment, or HIV testing and or treatment without prior written consent. I hereby authorize the above named insurance company or attorney to remit payment directly to this office on my behalf.

* I am responsible for all charges for all services provided. In the event that the insurance company denies benefits or makes a partial payment, I am responsible for any balance due. This may not apply to insurance companies that I am under contract with.

* I understand the benefits and risks of massage and give my consent for massage. I will consult my practitioner with any questions or concerns immediately.

* I have stated all medical conditions that I am aware of and will keep my practitioner informed of any changes.

*** I agree to provide 24-hour cancellation notice. If I fail to do so, I agree to pay the full appointment fee. (Please note that insurance companies do not pay this, you do.)**

Signature _____ Date _____

Medical History and Information

Check any or all that apply to your present health:

- headaches
- vision problems
- sinus problems
- jaw pain/teeth grinding
- fatigue
- depression
- sleep difficulties
- chronic pain
- muscle or joint pain
- numbness/tingling
- sprains/strains
- scoliosis
- arthritis
- tendonitis
- varicose veins
- blood clots
- high/low blood pressure
- diabetes
- cancer/tumors
- infectious disease
- skin problems

Women only: Pregnant Painful menstruation endometriosis

Men only: Prostrate problems

For treatment purposes, please check ALL areas that you give your permission to be undraped:

- back
- glutes/hips
- legs
- arms
- abdomen
- chest

List all medications/herbs/vitamins and dosage: _____

List physical activities you participate in regularly _____

What movements or activities are limited? _____

Describe the events of the injury or accident: _____

List previous major injuries/surgeries: _____

What other treatments are you receiving and by whom (acupuncture, physical therapy, chiropractic, naturopathic):

What seems to help the most? _____

What seems to aggravate the condition the most? _____

What is your main activity at work? On phone _____ Sitting _____ Computer work _____

Driving car _____ Walking _____ Other _____

What do you do to relieve stress? _____

What do you want to get out of your session (s)? _____

Practitioner Comments _____