

Medical History and Information



2600 SW Barton Street
Westwood Village Suite A24
Seattle WA 98126
Phone: 206-453-5397
Fax: 206-453-5630
WestSeattleWellness.com

Confidential Health Intake Form

Name _____ Date of Birth _____

Street Address _____ City _____ State _____ Zip _____ Work Ph: _____

Home Ph: _____ Cell/Other _____

Emergency Contact Name: _____ Cell/Other _____

Email address for appt. confirmations: _____

Email address for billing purposes (must be valid): _____

How did you hear about us? _____

Employer _____ Occupation _____

If we are billing your insurance – please complete the following Insurance Information:

Referring Physician: _____ Primary Care Physician: _____

Was Injury a result of an accident? _____ If yes: Job related _____ Auto _____ Other _____

Date of Injury or onset: _____

*A copy of your insurance card is required for West Seattle Wellness to bill your insurance. Please provide a copy of card.

Insurance Company Name: _____

Billing Address: _____

Contact person/ case manager _____ Phone Number: _____

Name of Insured: _____

Address: _____

Phone: _____

Group/Claim Number/ID number: _____

Attorney (if applicable): Name: _____

Address: _____

Phone number: _____

- I hereby authorize the release of my medical records and personal information to all insurance companies named above for the express purpose of
- payment for my medical bills incurred in this office, for the current incident above. I hereby authorize West Seattle Wellness, and any affiliate billing agent, to release any personal and health information necessary to my insurance and to process claims on my behalf. Under State and/or Federal guidelines, certain diagnoses and treatment may not be released without specific authorization. I understand that West Seattle Wellness will not release information concerning drug/alcohol abuse or treatment, psychiatric treatment, or HIV testing and or treatment without prior written consent. I hereby authorize the above-named insurance company or attorney to remit payment directly to this office on my behalf.
- I am responsible for all charges for all services provided. In the event that the insurance company denies benefits or makes a partial payment, I am responsible for any balance due. This may not apply to insurance companies that I am under contract with.
- I understand the benefits and risks of massage and give my consent for massage. I will consult my practitioner with any
- questions or concerns immediately.
- I have stated all medical conditions that I am aware of and will keep my practitioner informed of any changes.
- **I agree to provide 24-hour cancellation notice. If I fail to do so, I agree to pay the full appointment fee. (Please note that insurance companies do not pay this, you do.)**

Medical History and Information

Check any or all that apply to your present health:

- | | | |
|--|---|--|
| <input type="checkbox"/> headaches | <input type="checkbox"/> chronic pain | <input type="checkbox"/> varicose veins |
| <input type="checkbox"/> vision problems | <input type="checkbox"/> muscle or joint pain | <input type="checkbox"/> blood clots |
| <input type="checkbox"/> sinus problems | <input type="checkbox"/> numbness/tingling | <input type="checkbox"/> high/low blood pressure |
| <input type="checkbox"/> jaw pain/teeth grinding | <input type="checkbox"/> sprains/strains | <input type="checkbox"/> diabetes |
| <input type="checkbox"/> fatigue | <input type="checkbox"/> scoliosis | <input type="checkbox"/> cancer/tumors |
| <input type="checkbox"/> depression | <input type="checkbox"/> arthritis | <input type="checkbox"/> infectious disease |
| <input type="checkbox"/> sleep difficulties | <input type="checkbox"/> tendonitis | <input type="checkbox"/> skin problems |

Women only: Pregnant Painful menstruation endometriosis

Men only: Prostrate problems

For massage therapy treatment purposes, please check ALL areas that you give your permission to be undraped:

back glutes/hips legs arms abdomen chest

List all medications/herbs/vitamins and dosage:

List physical activities you participate in regularly _____

What movements or activities are limited? _____

Describe the events of the injury or accident:

List previous major injuries/surgeries:

What other treatments are you receiving and by whom (acupuncture, physical therapy, chiropractic, naturopathic):

What seems to help the most? _____

What seems to aggravate the condition the most? _____

What is your main activity at work? On phone _____ Sitting _____ Computer work _____

Driving a car _____ Walking _____ Other _____

What do you do to relieve stress? _____

What do you want to get out of your session (s)? _____

Practitioner Comments

Signature _____ Date _____

Client Name: _____ Date _____